

आहाम योग क्लाइ इच्छेवणे

SUN

☀️ 8:00-9:00 am
ALL LEVELS

MON

🌙 6:30-7:45 pm
LEVEL 2/3

🌙 8:00-9:00 pm
**BEGINNERS
YOGA**

TUES

☀️ 10:15-11:15 am
LEVEL 1/2

WED

🌙 4:30-5:15 pm
KIDS YOGA

🌙 5:30-6:15 pm
TWEEN YOGA

🌙 6:45-8:00 pm
LEVEL 2/3

🌙 8:10-9:10 pm
LEVEL 1

THURS

☀️ 10:15-11:15 am
LEVEL 1/2

FRI

🌙 6:00-7:15 pm
LEVEL 1/2

SAT

☀️ 8:00-9:00 am
ALL LEVELS

www.ahamyoga.com

